

## European Sathya Sai Education



**PROJECT  
PRESENTATIONS**  
BUDAPEST, HUNGARY



**EUROPEAN SSEHV  
MEETING**  
LODZ, POLAND



**EUROPEAN SSE  
COURSE 1, MODULE 1**  
VILNIUS, LITHUANIA

# ESSE 2019 Review

Again this year we would like to send our warm and heartfelt greetings and loving thoughts to all those, who have either supported or took part in the ESSE Institute activities and made our lives more beautiful through your presences and helping hands.  
We are looking forward to this continued support through 2020.

It has been inspiring to see how SSEHV in community is taking shape and has created a strong basis for the children involved. Seeing them growing in self-confidence and preparing them for living a harmonious life based on the Universal Human Values is a very heartfelt experience.

Another wonderful experience from 2019 is the strong cooperation between the SSEHV Teachers, the Local ESSE Trainer Teams and the ESSE Institute Team that has taken shape. We experience a very dedicated engagement during our exchange meetings, and as you will see from the small articles below, this process is very much treasured.  
We all learn a lot from each other.

In all our activities we feel that everyone is making a sincere effort, and we are convinced that this work will have a great impact on all levels for those involved. When cooperation turns into engagement, we become stronger in taking ownership of our lives. Responsibility and dedication grows, and we become better in coping with everyday activities and challenges.

We are looking forward to this wonderful journey together also in 2020 - and many years forward.

With Loving Regards  
The ESSE Team

*Together Everybody Achieves More*

# Hungary

The first weekend of February 2019 marked an ending of chapter one and a prospect to chapter two for the Hungarian participants of the Education in Human Values seminars conducted by the lecturers of the ESSE Institute.

The same occasion also saw the very first two pedagogues completing the entire training program and graduating from it after having successfully carried out an Education in human Values field project.

The sessions served as an opportunity for the members of the Hungarian team to display their understanding of the philosophy and their skills in delivering it to other people. The weekend was full of unique talks done by the participants, shedding light on the various facets of the human values and how they can be easily applied to any aspect of life.



*The aim of Education is not only cultivating human qualities, but attaining self-knowledge.*

## Impressions



homepage: <http://www.esse-institut.de/en/impressions>



# Lithuania



## The Philosophy of Sathya Sai Education

**The main goal of this seminar was to introduce the principle of Educare**, which is the foundation of Sathya Sai Education and to give a basic understanding of the 5 universal human values showing how daily practice can lead to transformation of ones character manifested by unity of thought, word and deed.



Each topic encouraged an important and reflective study of the values through quotations and examples and highlighted the universal scope of SSEHV. In this context it was discussed how the development and manifestation of the values truth, right conduct, peace, love and nonviolence can lead to the fullness of a truly human and spiritual life.

The lecture time was combined with many workshops, and the 39 participants, of which 28 were from Lithuania, 8 from Latvia, 1 from Estonia and 2 from Poland, were all sincerely

curious, ready, motivated, and surprisingly active in discussions, sharing experiences and at the same time asking many questions.

## FROM THE FEEDBACK:

“The atmosphere of the seminar was particularly uplifting and inspiring.”

“The event was really wonderful. I felt uplifted, we all worked very sincerely, and I think, we all have grown up a little. This is a truly good company.”

“I was surely inspired to practice these teachings in my life.”

“I'm grateful for the knowledge I got.”

“It allows me to look at values in my personal and family life and to my work with children. It creates the wish to improve myself, love more and to follow the Human Value principle in my life.”

“I get inspiration to give more attention to my every day activities, feelings, thoughts and relationships.”

“It was wonderful, we wish to continue.”

## Annual SSEHV Meeting

For the second time teachers from across Northern Europe came together to share their Sathya Sai Education in Human Values (SSEHV) projects. This year Poland was hosting the event and the aim of the weekend was to inspire and learn from each other.



The SSEHV Teachers showed how they practice SSEHV in different settings and spread the message of universal values within their respective communities.

It was a very creative weekend diving into subjects like how to work with teenagers and



creating awareness about their phone habits, working with community children through theatre projects, or at schools within social focal points showed the great impact of universal values in practice.

Another way to reach out to society and create awareness of some of today's most important challenges, was through working with refugees, self-awareness workshops for homeless people as well as through projects like „Human Values and Ecology“.

An example of how to awaken the universal values present in our culture was beautifully described in the presentation „Universal Values and old Lithuanian Culture“. How to implement Human Values in professional life was shown in a presentation with additional focus on the teachings of Sathya Sai. Finally the participants received a follow up on the very interesting project showing the impact of human values education in the challenging area of Haiti.

Participants feedback showed that the possibilities for using SSEHV are truly endless, and for the SSEHV trained teacher an expression of his/her personal talents and experience.

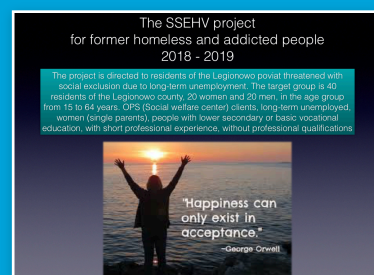
For starting new SSEHV projects and secure a successful approach, helpful tools for the preparation were shared.



As additional support webinars are planned for 2020 so that a regular exchange and learning from each others experience will be possible. The next SSEHV Meeting is planned for autumn 2020 in Lithuania.

A wide variety of projects could be seen

#### Pictures Storytheatre



#### Human values and ecology





# Update on the SSEHV Haiti Project

**AFTER ANOTHER TRIP TO HAITI IN AUGUST AND SEPTEMBER THIS YEAR, THERE ARE NEWS ABOUT THE TRAININGS IN SATHYA SAI EDUCATION IN HUMAN VALUES AND THE NEW DEVELOPMENTS IN THE 3 SCHOOLS THAT WE HAVE BEEN SUPPORTING SINCE 2011 IN THE CAPITAL OF HAITI.**

## *Teacher Trainings*

For the first time, training was held in Saint Raphaël, a town 5 hours north of the capital, where 32 teachers from 6 different schools, 3 school principals and an education inspector participated. The introduction to the philosophy and methods of Sathya Sai Education was enhanced by a value based self-audit, and group work on the 5 human values and on how to introduce the program into the school curriculum. They were all very enthusiastic and motivated to apply values education in their schools.



The second training was held at the École Soleil de Hollande, a school with 700 students located in the mountains 2 hours south of Port au Prince. The theme was “Creating an environment of love in the school.” The more advanced level training with 30 of their teachers and 15 teachers from the 3 schools,

supported by us, was spiritual, practical and enjoyable. The sense of unity and the awareness that we all have the divine seed of love within us was almost tangible. The training courses combined theory with many different types of practical activities.

Group work and presentations, lesson preparation and games were used extensively in order to give hands-on experience that the teachers could then easily use. Many



teachers immediately started to introduce silent sitting exercises and other activities into their classroom. The Director of the École Soleil de Hollande - who could himself not participate in the training - commented that he had seen a positive change in the attitude and motivation of the teachers right away!

A new school is now built on land owned by the school "École Mixte de la Nouvelle Jérusalem". Miraculously, working day and night, the new school was ready in time to open its doors on the official date of September 9.

It was decided to construct a temporary building made of wood and corrugated iron to give time to plan a permanent building. The goal is that these 3 schools become permanent centres for education and human values in their respective



neighbourhoods  
and provide a great  
service to the community  
by caring for children, who  
do not otherwise get a

chance to go to school.





# ESSE Faculty Activities

Together with members of the ISSE SE, the ESSE Institute faculty members met with ESSE representatives and office bearers of the SSIO in September.

An update on the activities of the institute, which have taken place during the year 2019 was given. Additionally new developments, pilot projects and an update on SSEHV projects has been shared.

The group developed new ideas on possible ways of enlarging the ESSE training programme offered to the countries, so that the benefit for the respective societies can increase. Having the experience of both European institutes together proved to be a verily inspiring event, as the ways forward are closely connected to the culture and possibilities of the different countries. Above all, the inspiration given by the founder of the programme serves as fuel for individual enthusiasm.

In the Netherlands the Dutch Trainer team is in the process of developing the ESSE training in Dutch. This is done in cooperation with the Institute Team. Meetings to exchange views about contents - mostly related to Course 2 - and explore ideas about





workshops have been arranged. The Dutch Trainers experienced this way of working as very inspiring and fruitful, as it gave the feeling of real cooperation.

The same process is taking place in Zone 8. The close cooperation between the Institute Team and the Campus Team is extremely inspiring and has resulted in that most of the subjects in Course 2 are now delivered in Russian by the dedicated Campus Team. This resulted in 10 certificates awarded in 2019.

Course 3 is still in the hands of the ESSE Institute Team and 3 interesting field projects were presented and additionally awarded.



As a result of our training and the dedicated work of the Bobek Team in Kazakhstan the program has now been introduced in all schools from grades 1 to 11, and libraries on moral and spiritual education were created in every school in the country. Textbooks have been published, pilot schools, kindergartens and colleges were opened all over the country, including centres for development and implementation of the programme.

*Together Everybody Achieves More*