



*Character development and the
unity and harmony of head,
heart and hand.*



*“Human Values are hidden
in every human being.
One cannot acquire them
from outside; they have
to be elicited from within.”*

Sathya Sai



Sathya Sai Education in Human Values



*Seminar Participants during an
ESSE Course*

Morning assembly at a Sathya Sai School in Ecuador



ESSE INSTITUTE

The European Sathya Sai Education Institute offers a 3 level course programme.

This programme is of interest to people working with youth and family as well as teachers as part of their continued professional training. Special units for methodology and didactics with respect to human values are also on offer.

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*“The end of wisdom
is freedom.
The end of culture
is perfection.
The end of knowledge
is love.
The end of education
is character.”*

Sathya Sai

ESSE

INSTITUTE

Sathya Sai Education in Human Values

“Sathya Sai Education in Human Values” is an educational programme inspired by the teachings of Sathya Sai. He was a great teacher of mankind, founder of many schools as well as chancellor of Sathya Sai University in India.

The programme of Sathya Sai Education is a well-respected educational system, which has found recognition and is being practiced in all parts of the world. More than 250.000 children have been educated and more than 2.000 schools have adopted this approach as the basis of their teaching and learning. Covering a wide range of formal, non-formal and informal approaches, Sathya Sai Education is based on the universal aspects of European culture and supports a life-long learning process through the transformation of character.

This educational system places great emphasis on Universal Human Values. It is not only important for students to acquire skills and knowledge at school but to develop a good character.

Sathya Sai said: "Education is not for living but for life". Education should prepare students to serve society and to live a purposeful and fulfilling life. A good character is the goal of all education and it is manifest in students whose thoughts, words and deeds are pure and in harmony.

The programme teaches respect towards all faiths and religions, stresses the importance of voluntary service to society and encourages students to grow in self-confidence.

Human Values

Human values are common to all people at all places, races and creeds. The fundamental Human Values **Truth, Right Conduct, Peace, Love and Nonviolence** are central to all cultures and ages, be it in the fields of religion, philosophy, ethics or law. They contain mankind’s deepest moral aspirations and form the basis of our lives as individuals and

as societies. An educational system based on Human Values helps students to develop a holistic understanding of body, mind and soul. They learn that lasting happiness can only be found within, not in the ephemeral outside world.

‘Good education is that which teaches the methods of achieving world peace; that which destroys narrow-mindedness and promotes unity, equality, and peaceful co-existence among human beings.’

Educare

The word “Education” has a double Latin root. The first is **“educare”**, which means to foster, to nourish, and to feed. The second is **“educere”**, which means to educe, to bring out, and to manifest. Sathya Sai Education includes both these aspects, which complete one another. The first is related to external and worldly education, the second to spiritual education. Here the emphasis is placed on the process of bringing out the inherent Human Values, which manifest as the beauty of the character. This is done by self-effort, by one’s own spiritual discipline. During an International Conference on Education in Human Values, Sathya Sai coined the term “Educare” for this process.

Thus, Educare refers to the spiritual aspect of education and should be taken into account at all stages of the educational process. Great importance is given to the teacher who, as a role model in Human Values, supports the blossoming of the students’ consciousness.

Methodology

Five teaching methods are recommended to make students aware of their inherent Human Values. Combined with other compatible teaching strategies, these methods provide a full range of learning activities, addressing the need of young students: Silent Sitting, Meditation; Prayers

and Quotations; Storytelling; Singing of value oriented songs; Group Activities (games and dance, role plays and drama, creative activities like drawing, painting, sculpture and writing, question and answer sessions).

These methods enable the children to become aware of their full potential involving their body, mind and soul. Thus, the educational approach addresses the student’s whole being and facilitates development on all levels. Unity of thought, word and deed rewards students with inner peace. They learn daily mindfulness and how to use their power of discrimination when choosing their goals in life.

Storytelling captures the imagination engaging the heart and intellect in a dynamic process of making meaning and relevance in one’s life, while providing models of human behaviour, faith and wisdom. Prayer or inspirational Quotations elevate the mind and heart to the noblest ideal. Music and value oriented Songs bring joy and love, while Silent Sitting develops the capacity for concentration, intuition and creativity. Group Activities are designed to integrate the experience of Human Values in thought, word and deed.

Sathya Sai Educational Institutions

In the early 1990s Sathya Sai Schools were founded outside of India in Zambia, Thailand and Nepal. Soon similar schools were established in countries such as Argentina, Australia, Brazil, Canada, Ecuador, Fiji, Indonesia, Kenya, Malaysia, Mauritius, Mexico, Paraguay, South Africa, Sri Lanka, Venezuela and the Philippines.

Currently there are more than 100 Sathya Sai Schools in India and 38 Sathya Sai Schools in 29 countries outside India.

Sathya Sai Schools, Sathya Sai Colleges and the Sathya Sai University with four campuses have gained worldwide recognition for their academic excellence and character building.



Sathya Sai University Prashanti Nilayam

In 2007, India awarded the Sathya Sai University its highest national rating for the second time, thus confirming its status as a role model for other universities and colleges in India.

The aims of Sathya Sai Educational Institutions are:

- To provide a setting as well as an ethos for practicing human values
- To facilitate the students’ ability to apply human values in daily life
- To serve as examples of academic excellence

All the teaching materials for teachers, the curricula and classes are developed in accordance with the legal, cultural and pedagogical requirements of the different countries.

ESSE Institute and Teacher Training

The European Sathya Sai Education Institute offers seminars and workshops for teachers as well as individuals, who are willing to apply these Human Values in their lives. In addition, it offers a 3 level course programme finishing with a Certificate of Completion.

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